

# Patient Prescription Form

NAME: \_\_\_\_\_

[illegible]

# INTIMMEDICINE SPECIALISTS

<b>PATIENT INFORMATION:</b>		Appt. Date:	Appt. Time	Today's Date:	Date of Birth:
Patient Name:		Marital Status:	Phone Message: Yes Cell # Work #		
Address:				Email:	
Primary Physician: Name: Address:  Phone: Fax:			Referring Physician: Name: Address:  Phone: Fax:		
<b>PRIMARY INSURANCE INFORMATION</b>					
Insurance Company:		ID#	Group #		
Address:		Phone #			
Policy Holder's Name:		Policy Holder's DOB:	Policy Holder Phone #		
Policy Holder's Employer:		Relation to Ins:	Insurance Effective date:		
<b>SECONDARY INSURANCE INFORMATION</b>					
Insurance Company:		ID#	Group #		
Address:		Phone #			
Policy Holder's Name:		Policy Holder's DOB:	Policy Holder Phone #		
Policy Holder's Employer:		Relation to Ins:	Insurance Effective date:		
<b>Authorized Person to contact for billing or results</b>					
Name:		Phone:		Phone:	
<p>1. Financial Responsibility I certify that the information I have provided regarding my insurance coverage is correct and authorize James A Simon MD PC. to verify insurance coverage and benefits allowed in accordance -with my insurance plan's policies</p> <p>I authorize that payments be made directly to James A Simon MD for all medical insurance benefits which are payable under the terms of my insurance policy for the services provided. I agree to pay any copayments, coinsurance, or deductible as required by my insurance plan for medical care provided to me or my dependent. I understand that I am responsible for knowing the terms and regulations of my insurance plan. I agree to accept full responsibility for payment if my insurance coverage is not verified.</p>		<p>2. Release of Medical Information For Billing I hereby authorize James A Simon MD PC to submit a claim to my insurance company, health .and welfare fund, Medicare or Medicaid for medical services provided to me or my dependent.</p> <p>I also authorize James A Simon MD PC provide a copy of this release and a copy of medical records related to such services if requested by the payer. Further, I authorize James A Simon MD PC to release medical information to my consulting or primary care physician to assist with continuity of my health care. This release will expire one year from the date of my signature below unless I cancel this release in writing prior to that date.</p> <p>3. Non-Covered Services I agree to pay for medical services provided to me or my dependent which are not covered by the benefits in my insurance plan.</p>			
<b>I Agree to the Above stated responsibility and consent</b>					
Name:		Signature:			Date:

James A. Simon, MD, PC - Rachel S. Rubin, MD  
1850 M Street NW, Washington DC 20036

## NOTICE OF PRIVACY PRACTICES

**THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY. THE PRIVACY OF YOUR HEALTH INFORMATION IS IMPORTANT TO US.**

This notice takes effect April 14, 2003 and will remain in effect until we replace it. We reserve the right to change our privacy practices and the terms of this Notice at any time, provided such changes are permitted by applicable law.

### USES AND DISCLOSURES OF HEALTH INFORMATION

We use and disclose health information about you for the treatment, payment, and healthcare operations (TPO):

**Treatment:** We may use or disclose your health information to a physician or other healthcare provider providing treatment to you.

**Payment:** We may use or disclose your health information to obtain payment for services we provide for you.

**Healthcare Operations:** We may use or disclose your health information in connection with our healthcare operations. Computers are located throughout our practice. Schedules and the patient's proposed treatment are posted on the computer throughout our facility to achieve communication and high quality healthcare.

**Your Authorization:** In addition to our use of your information for TPO, you may give us written authorization to use your health information or to disclose it for other purposes. If you give us an authorization, you may revoke it in writing any time. Your revocation will not affect any use or disclosures permitted by your authorization while it was in effect. Unless you give us a written authorization, we cannot use or disclose your health information for any reason except those described in this Notice.

**To Your Family & Friends:** We may disclose your health information to a family member, friend or other person to the extent necessary to help with your healthcare or with payment for your healthcare, but only if you agree that we may do so.

**Persons Involved In Care:** We may use or disclose health information to notify a family member, your personal representative or another person responsible for your care, of your location, your general condition or death. If you are present, than prior to use or disclosure of your health information, we will provide you with an opportunity to object to such uses or disclosures. In the event of your incapacity or emergency circumstances, we will disclose health information based on a determination using our professional judgment disclosing only health information that is directly relevant to the person's involvement in your healthcare. We will also use our professional judgement and our experience with common practice to make reasonable inferences of your best interest in allowing a person to pick up filled prescriptions, medical supplies, x-rays or other similar forms of health information.

**Marketing Health Related Services:** We will not use your health information for marketing communications without your written authorization. We may forward a regular newsletter to our patients and prospective new patients which describe the various services available from our practice.

**Required By Law:** We may use or disclose your health information when we are required to do so by law. We may disclose to military authorities the health information of Armed Forces personnel under certain circumstances.

**Abuse or Neglect:** We may disclose your health information to appropriate authorities if we reasonably believe that you are a possible victim of abuse, neglect, or domestic violence or the possible victim of other crimes.

**Appointment Reminders:** We may use or disclose your health information to provide you with appointment reminders (such as voicemail messages, postcards, text message, letters or e-mail.

### PATIENT RIGHTS

**Access:** You have the right to look at or get copies of your health information, with limited exceptions. We will use the format you request unless we cannot practicably do so. (You must make a request in writing to obtain access to your health information.)

We will charge you a reasonable cost-based fee for expenses such as copies and staff time.

**Disclosure Accounting:** you have the right to receive a list of instances in which we or our business associates disclosed your health information for purposes other than TPO, for the last 6 years, but not before April 14, 2003. If you request this accounting more than once in a 12-month period, we may charge you a reasonable cost-based fee for responding to these additional requests.

**Restrictions:** You have the right to request that we place additional restrictions on our use or disclosure of your health information.

We are not required to agree to these additional restrictions, but if we do, we will abide by our agreement (except in an emergency).

**Alternative Communication:** You have the right to request that we communicate with you about your health information by alternative means or to alternate locations. (You must make your request in writing.) Your request must specify the alternative means or location, and provide satisfactory explanation how payments will be handled under the alternative means or location you request.

**Amendment:** You have the right to request that we amend your health information. (Your request must be in writing, and it must explain why the information should be amended.) We may deny your request under certain circumstances.

### Questions & Complaints

If you are concerned that we may have violated your privacy rights, or you disagree with a decision we made about access to your health information or in response to a request you made to amend or restrict the use or disclosure of your health information or to have us communicate with you by alternative means or at alternative locations, you may complain to us using the contact information listed at the top of this Notice. You also may submit a written complaint to the U.S. Department of Health and Human Services. We support your right to the privacy of your health information. We will not retaliate in any way if you choose to file a complaint with us or with the U.S. Department of Health and Human Services.

### PATIENT OR LEGAL GUARDIAN SIGNATURE

Signature

Date \_\_\_\_\_

IntimMedicine Specialists  
1850 M Street, NW #450  
Washington DC 20036

**E-Prescription Consent**

- **Formulary and benefit transactions**- Gives the prescriber information about which drugs are covered by the drug benefit plan.
- **Medication history transactions**- Provides the physician with information about medications the patient is already taking to minimize the number of adverse drug events.
- **Fill status notification**- Allows the prescriber to receive an electronic notice from the pharmacy telling them if the patient's prescription has been picked up, not picked up, or partially filled.

By signing this consent form you are agreeing that James A. Simon, M.D., P.C. can request and use your prescription medication history from other healthcare providers and/or third party pharmacy benefit payers for treatment purposes. Understanding all the above, I hereby provide informed consent to James A. Simon, M.D., P.C. To enroll me in the ePrescribe program. I have had the chance to ask questions and all my questions have been answered to my satisfaction.

**SIGNATURE**\_\_\_\_\_ **DATE**\_\_\_\_\_

**PRINT NAME**\_\_\_\_\_

**DATE OF BIRTH**\_\_\_\_\_

**E-MAIL:**\_\_\_\_\_

**NAME/ADDRESS/ PHONE NUMBER OF PHARMACY:**

\_\_\_\_\_

Fax Confidentiality Notice: The information contained in this transmission is confidential, proprietary or privileged and may be subject to protection under the law, including the Health Insurance Portability and Accountability Act (HIPAA). The message is intended for the sole use of the individual or entity to whom it is addressed. If you are not the intended recipient, you are notified that any use, distribution or copying of the message is strictly prohibited and may subject you to criminal or civil penalties. If you received this transmission in error, please contact the sender immediately by calling 202 293 1000

Appointment Date: \_\_\_\_\_

Appointment Time: \_\_\_\_\_

## IntimMedicine Specialists

### Patient Questionnaire

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Occupation: \_\_\_\_\_ Marital Status: \_\_\_\_\_

Referred by: \_\_\_\_\_

Address of Referring Physician(s): \_\_\_\_\_

Allergies: \_\_\_\_\_

Medications Currently Taking: \_\_\_\_\_

Reason for today's appointment: (Please check the appropriate statements below)

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Routine exam - no problems | <input type="checkbox"/> Second opinion        | <input type="checkbox"/> Overweight              |
| <input type="checkbox"/> Bleeding between periods   | <input type="checkbox"/> Irregular periods     | <input type="checkbox"/> Underweight             |
| <input type="checkbox"/> Stopped having periods     | <input type="checkbox"/> Light periods         | <input type="checkbox"/> Heavy periods           |
| <input type="checkbox"/> Never had periods          | <input type="checkbox"/> Menopause             | <input type="checkbox"/> Hormone therapy         |
| <input type="checkbox"/> Premenstrual discomfort    | <input type="checkbox"/> Pelvic pain or cramps | <input type="checkbox"/> Excess hair growth      |
| <input type="checkbox"/> Contraception              | <input type="checkbox"/> Cannot get pregnant   | <input type="checkbox"/> Reverse tubal operation |
| <input type="checkbox"/> Previous miscarriage(s)    | <input type="checkbox"/> Vaginal infection     | <input type="checkbox"/> Bladder infection       |
| <input type="checkbox"/> Breast problems            | <input type="checkbox"/> Bone density          | <input type="checkbox"/> Osteoporosis            |

Any other gynecologic problems or concerns you wish to address today: \_\_\_\_\_

**Please answer the following questions by filling in the blank or by checking "Yes" if it is the appropriate response.**

### Menstrual History

Age at first menstrual-period	_____	Do You Have:	<b>YES</b>
Starting date of last period	_____	Heavy bleeding	_____
Starting date of period before that one	_____	Bleeding between periods	_____
Usual # of days from start of one period to the next	_____	Pain with periods	_____
Bleeding lasts (# of days)	_____	Premenstrual symptoms (bloating, breast soreness, fatigue, irritability)	_____
Age at menopause, if applic.	_____		

## Gynecologic History

YES

Date of last pelvic exam: \_\_\_\_\_  
Date of last pap smear: \_\_\_\_\_; was it abnormal? \_\_\_\_\_  
Have you ever had an abnormal pap smear \_\_\_\_\_  
Date of last mammogram: \_\_\_\_\_; was it abnormal? \_\_\_\_\_  
Do you have hair growth you consider abnormal? \_\_\_\_\_  
If yes, did you receive treatment? \_\_\_\_\_  
Do you have discharge from your breasts? \_\_\_\_\_  
Have you ever had a tubal infection? \_\_\_\_\_  
If yes, were you treated with antibiotics? \_\_\_\_\_  
History of venereal disease (gonorrhea, syphilis, herpes, chlamydia, etc.)? If so, specify \_\_\_\_\_  
Did your mother take diethylstilbestrol while pregnant with you? \_\_\_\_\_

## Sexual History

Are you sexually active? \_\_\_\_\_  
Frequency of sexual intercourse per week \_\_\_\_\_  
Is intercourse painful? \_\_\_\_\_  
Have you ever been treated for the pain? \_\_\_\_\_  
If yes, describe \_\_\_\_\_  
Do you have any sexual questions or concerns you would like to discuss? \_\_\_\_\_

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## Contraceptive History

YES

Are you using a form of birth control? \_\_\_\_\_  
If so, please list: \_\_\_\_\_  
Have you ever used: \_\_\_\_\_  
Birth control pills: \_\_\_\_\_  
Which types and dates used \_\_\_\_\_  
IUD (intrauterine device) \_\_\_\_\_  
Type \_\_\_\_\_ Dates used \_\_\_\_\_  
Problems (please list) \_\_\_\_\_  
Diaphragm \_\_\_\_\_  
Condom \_\_\_\_\_  
Other: \_\_\_\_\_

## Obstetrical History

How many times have you been pregnant? \_\_\_\_\_

If applicable, please describe below:

Premature Births: \_\_\_\_\_ Miscarriages: \_\_\_\_\_ Abortions: \_\_\_\_\_ Living Children: \_\_\_\_\_

<u>Date</u>	<u>Weeks</u>	(Check appropriate section)				
	<u>Preg</u>	<u>Vaginal</u>	<u>C-sect</u>	<u>Miscar</u>	<u>Abort</u>	<u>Complications</u>
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

## Surgical History

Please describe any previous pelvic or abdominal surgery (on the uterus, ovaries, tubes, cervix, or intestines including laparoscopies or appendectomy)

<u>Type of Surgery</u>	<u>Year</u>	<u>Reason or Diagnosis</u>	<u>Complications</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

List any other surgery: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## Medical History

Do you have a history of:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Emotional Problems  | <input type="checkbox"/> Ulcers or Stomach Problems | <input type="checkbox"/> Arthritis         |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Gall Bladder Disease       | <input type="checkbox"/> Easy Bruising     |
| <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Stroke                     | <input type="checkbox"/> Heart Murmur      |
| <input type="checkbox"/> Kidney Infections   | <input type="checkbox"/> Kidney Stones              | <input type="checkbox"/> Loss of Urine     |
| <input type="checkbox"/> Bowel Problems      | <input type="checkbox"/> Bladder Infections         | <input type="checkbox"/> Diabetes          |
| <input type="checkbox"/> Liver Problems      | <input type="checkbox"/> Hepatitis or Jaundice      | <input type="checkbox"/> Thyroid Disease   |
| <input type="checkbox"/> Lung Disease        | <input type="checkbox"/> Lung Disease               | <input type="checkbox"/> Asthma            |
| <input type="checkbox"/> Chronic Cough       | <input type="checkbox"/> Sinus Problems             | <input type="checkbox"/> Seizure Disorders |
| <input type="checkbox"/> Visual Disturbances | <input type="checkbox"/> Difficulty Swallowing      | <input type="checkbox"/> Hearing Problems  |
| <input type="checkbox"/> Rheumatic Fever     | <input type="checkbox"/> Skin Problems, Acne        | <input type="checkbox"/> Cancer            |
| <input type="checkbox"/> Anorexia, Bulimia   | <input type="checkbox"/> Other: _____               |  |

Please list treatments prescribed for items above: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## Family History

YES

Indicate your ethnic background (i.e. African American, Mediterranean, Eastern European Jewish): \_\_\_\_\_

Does anyone in your family have a genetic disorder (i.e., cystic fibrosis, sickle cell anemia, Tay-Sachs, thalassemia)? \_\_\_\_\_

If so, how are they related to you?: \_\_\_\_\_

Does anyone in your family have mental retardation? \_\_\_\_\_

If so, how are they related to you?: \_\_\_\_\_

Does anyone in your family have a birth defect (i.e., clubfoot, cleft lip and/or palate)? \_\_\_\_\_

If so, how are they related to you?: \_\_\_\_\_

Does anyone in your family have a chromosome abnormality (i.e. Down Syndrome, or Mongolism)? \_\_\_\_\_

If so, how are they related to you?: \_\_\_\_\_

Is there a family medical history of cancer? \_\_\_\_\_

If so, what relative and what kind of cancer \_\_\_\_\_

Is there a family medical history of diabetes? \_\_\_\_\_

Please list any other medical problems which seem to run in your family or are of concern to you:

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## Social History

YES

Have you had previous marriages? If so, how many? \_\_\_\_\_

Have you ever lived or traveled outside of the U.S.? \_\_\_\_\_

If so, where? \_\_\_\_\_

Do you smoke cigarettes now? If yes, how many packs/week? \_\_\_\_\_

Have you smoked before and stopped? \_\_\_\_\_

How many years have you smoked in total? \_\_\_\_\_

Do you drink alcohol? If so, how many glasses/week? \_\_\_\_\_

Do you use recreational drugs? \_\_\_\_\_

If so, specify \_\_\_\_\_

Have you ever worked with toxic chemicals, heavy metals or ionizing radiation? If so, specify \_\_\_\_\_

How many hours do you exercise each week? \_\_\_\_\_

Which sports you participate in: \_\_\_\_\_

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# Family History Questionnaire

Patient Name: \_\_\_\_\_ Physician Seeing Today: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

**This is a screening tool for cancers that run in families. Please consider these family members when completing:**

**1<sup>st</sup> Degree Relatives** = Mother / Father / Sister / Brother / Children

**AND 2<sup>nd</sup> Degree Relatives** = Aunt / Uncle / Grandparent / Niece / Nephew

Have you or any of your relatives had cancer genetic testing? **YES** **NO** Explain: \_\_\_\_\_

Yes/No		BREAST / OVARIAN CANCER (HBOC/BRAC Analysis)	SELF SIBLINGS CHILDREN	MOTHER'S SIDE	FATHER'S SIDE	Age of Diagnosis
<input checked="" type="radio"/>	<input type="radio"/>	<b>EXAMPLE: Breast cancer diagnosed <u>before age 50</u></b>		<i>Mother</i>		<b>47</b>
<input type="radio"/>	<input type="radio"/>	<b>Breast cancer diagnosed <u>before age 50</u></b>				
<input type="radio"/>	<input type="radio"/>	<b><u>Ovarian cancer</u> at any age</b>				
<input type="radio"/>	<input type="radio"/>	<b><u>THREE relatives</u> on the same side of the family with <u>breast cancer at any age</u></b> (please also include 3 <sup>rd</sup> degree relatives: cousins and great relatives)				
<input type="radio"/>	<input type="radio"/>	<b><u>Multiple breast cancers</u> in the same person</b> (in the same breast or in both breasts)				
<input type="radio"/>	<input type="radio"/>	<b><u>Male breast cancer</u> at any age</b>				
<input type="radio"/>	<input type="radio"/>	<b>Ashkenazi Jewish ancestry with a breast, ovarian or pancreatic cancer in the family at any age</b>				

Yes/No		COLON / UTERINE CANCER (Lynch Syndrome/Colaris)	SELF SIBLINGS CHILDREN	MOTHER'S SIDE	FATHER'S SIDE	Age of Diagnosis
<input type="radio"/>	<input type="radio"/>	Have <b><u>YOU</u></b> been diagnosed with <b>colon</b> or <b>uterine</b> (endometrial) cancer or <b><u>before age 50</u></b>				
<input type="radio"/>	<input type="radio"/>	<b><u>TWO or more relatives</u></b> on the same side of the family w/ any of the following, <b><u>one diagnosed before age 50</u></b> : <i>Colon, Uterine/Endometrial, Ovarian, Stomach</i>				
<input type="radio"/>	<input type="radio"/>	<b><u>THREE or more relatives</u></b> on the same side of the family w/ any of the following, diagnosed <b><u>at any age</u></b> : <i>Colon, Uterine/Endometrial, Ovarian, Stomach</i>				

**Any other cancer in you or any family members?** (Ex: Prostate, Pancreatic, Melanoma, >10 colon polyps, Brain, Sebaceous Adenomas, etc.):

Please list RELATIVE, CANCER SITE and AGE of diagnosis:

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## FOR OFFICE USE ONLY

- ☐ Patient is appropriate for hereditary cancer genetic testing
 ☐ Patient **not** appropriate  
☐ Patient counseled/offered hereditary cancer genetic testing:
 ☐ ACCEPTED or ☐ DECLINED

HCP Signature: \_\_\_\_\_ Patient Signature: \_\_\_\_\_

# VULVODYNIA QUESTIONNAIRE

*Please complete this form and give it directly to the doctor.*

REFERRING DOCTOR'S NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

Today's date \_\_\_\_\_

NAME \_\_\_\_\_ City, State \_\_\_\_\_

Age, Date of birth \_\_\_\_\_ Marital status \_\_\_\_\_

## MEDICAL HISTORY

Number of pregnancies \_\_\_\_\_ Number of children (age of youngest) \_\_\_\_\_

Last menstrual period (date) \_\_\_\_\_

Methods of birth control used in past (give dates) \_\_\_\_\_

Present method of birth control \_\_\_\_\_

Gynecology problems, procedures, or surgeries? ☐ NO ☐ YES (If yes, please give dates)

☐ Hysterectomy If yes, reason \_\_\_\_\_

☐ Abnormal Pap smear If yes, ☐ once only ☐ treated with cryo

☐ Laser of cervix If yes, ☐ for HPV (warts) ☐ for dysplasia or cancer

☐ Laser of vulva (CO<sub>2</sub> laser) ☐ for HPV (warts) ☐ for dysplasia or cancer

Other (use back of page if necessary, but only after completing entire questionnaire)

Urological problems, procedures, or surgeries? ☐ NO ☐ YES

If yes, please describe \_\_\_\_\_

Back problems (injury, slipped disc, sciatica, surgery, other)? ☐ NO ☐ YES

If yes, please describe \_\_\_\_\_

Other hospitalizations (besides childbirth or those listed above)? ☐ NO ☐ YES

If yes, please state year, illness, or surgery:

Other health problems: \_\_\_\_\_

Do you take any of the following tablets or medicines? Please give medication names.

Steroids (cortisone) ☐ NO ☐ YES \_\_\_\_\_

Aspirin or pain killers ☐ NO ☐ YES \_\_\_\_\_

Sedatives or tranquilizers ☐ NO ☐ YES \_\_\_\_\_

Laxatives (for constipation) ☐ NO ☐ YES \_\_\_\_\_

Hormones (including contraceptive pill) ☐ NO ☐ YES \_\_\_\_\_

Antibiotics ☐ NO ☐ YES \_\_\_\_\_

Other pills, medicine, or drugs taken regularly? ☐ NO ☐ YES If yes, please give exact names:

Are you allergic to or have you had any bad reactions to any drugs? ☐ NO ☐ YES

If yes, which ones? What happened?

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### SKIN

Does your skin react against or are you allergic to any other substances?

(i.e. Elastoplast, tape, metal, make-up, or jewelry) ☐ NO ☐ YES If yes, what?

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Indicate your skin coloring and type:

- ☐ very fair (always burn, never tan)
- ☐ fair (usually burn, tan with difficulty)
- ☐ average (sometimes burn, tan average)
- ☐ dark (rarely burn, tan easily)
- ☐ Black

Natural hair color

- ☐ Blonde
- ☐ Red
- ☐ Brown
- ☐ Black
- ☐ Grey

Eye color

- ☐ Blue
- ☐ Green
- ☐ Hazel
- ☐ Brown
- ☐ Black

Would you describe your skin as “sensitive?” ☐ NO ☐ YES If yes, why?

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Do you see a dermatologist regularly? ☐ NO ☐ YES If yes, what is your treatment?

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### GENERAL

What is your present work or occupation? \_\_\_\_\_

What types of work have you done in the past \_\_\_\_\_

Any special hobbies? ☐ NO ☐ YES If yes, what? \_\_\_\_\_

Do you do any physical fitness activities? ☐ NO ☐ YES

If yes, what? How often? \_\_\_\_\_

Do you smoke tobacco? ☐ NO ☐ YES If yes, how much each day \_\_\_\_\_

Do you drink alcohol? ☐ NO ☐ YES If yes, how much each week \_\_\_\_\_

Drink sugar-free sodas? ☐ NO ☐ YES If yes, how many each day \_\_\_\_\_

Use sugar substitutes ☐ NO ☐ YES If yes, what % of the time \_\_\_\_\_

Do you eat any special foods or stay on a certain diet? ☐ NO ☐ YES

If yes, what things are included or excluded? \_\_\_\_\_

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Do you regularly take any food supplements or vitamins? ☐ NO ☐ YES

If yes, what? \_\_\_\_\_

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### PRESENT PROBLEM

In your own words, describe the symptoms (discomfort) you are having

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What bothers you the most about your problem? \_\_\_\_\_

---

Have you been free of symptoms at any time?

☐ NO ☐ YES

If yes, when? \_\_\_\_\_

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What seems to make it worse? \_\_\_\_\_

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What can you do to get relief? \_\_\_\_\_

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When did you first begin having discomfort?

- ☐ less than 6 months ago
- ☐ 6 months to 1 year ago
- ☐ 1 to 3 years ago
- ☐ 5 to 10 years ago
- ☐ more than 10 years ago

How are the symptoms you now have related to your INITIAL symptoms?

- ☐ same
- ☐ less intense discomfort
- ☐ more intense discomfort
- ☐ less frequent
- ☐ more frequent

Are there certain times of the day when your symptoms are more noticeable?

(indicate as many as apply)

- ☐ always the same throughout the day
- ☐ morning
- ☐ evening
- ☐ night (bedtime)
- ☐ with urination

Are there certain times of the month when your symptoms are more noticeable?

- ☐ always the same during the month
- ☐ worse just before my menstrual cycle
- ☐ worse during my menstrual cycle
- ☐ worse after my menstrual cycle
- ☐ worse when I ovulate (mid-cycle)

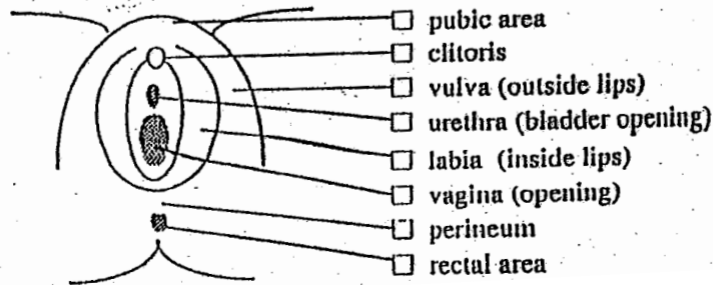
With regard to the urinary tract and bladder, do you have any of the following problems?

- ☐ have to urinate more than 5 times in 12 hours
- ☐ get up more than twice at night to urinate
- ☐ frequent urinary tract infections
- ☐ difficulty voiding
- ☐ bladder pain which improves after voiding

During my menstrual period:

- ☐ I use a sanitary pad exclusively
- ☐ I use tampons exclusively
- ☐ I use tampons and/or pads depending on flow
- ☐ Sanitary pads make my discomfort worse
- ☐ Tampons make my discomfort worse
- ☐ I do not menstruate

Mark the squares which best show the location of your symptoms:



My feelings of discomfort can best be described as:

- ☐ diffuse (over the whole vulvar area)
- ☐ localized (in one or more specific small spots)
- ☐ pulsating (throbbing)
- ☐ deep, steady ache
- ☐ predominantly on one side
- ☐ itching
- ☐ burning
- ☐ other (describe) \_\_\_\_\_

Are bouts of discomfort essentially alike? ☐ NO ☐ YES

If no, how do they differ?

- ☐ kind of discomfort (eg constant aching vs throbbing)
- ☐ location of pain
- ☐ associated symptoms
- ☐ intensity of discomfort
- ☐ other (describe) \_\_\_\_\_

The statement which describes the discomfort which I most often have:

- ☐ slight, I notice only when I think about it
- ☐ slight, I can ignore it by not thinking about it
- ☐ moderate, I always know it's there but I can still perform most tasks
- ☐ severe, it allows me to perform only tasks which require little concentration
- ☐ severe, makes it impossible for me to do anything but seek medical attention

On a scale from 0 to 100, where 0 represents no discomfort at all and 100 represents the most pain you could possibly stand, what value would you assign to:

Your worst symptoms \_\_\_\_\_

Your usual symptoms \_\_\_\_\_

My discomfort usually causes:

- ☐ NO interference with daily routine or planned activities
- ☐ SOME interference with daily routine or planned activities
- ☐ an interruption in daily routine or planned activities
- ☐ confinement to bed
- ☐ the pursuit of immediate medical attention

My symptoms:

- ☐ do not affect sexual intercourse
- ☐ sometimes prevent sexual intercourse

- ☐ completely prevent sexual intercourse
- ☐ cause discomfort, but do not prevent sexual intercourse
- ☐ don't know – I am not sexually active (skip the next two questions)

If I try to have intercourse, my discomfort is: (indicate as many as apply)

- ☐ not a problem
- ☐ worse with certain positions
- ☐ mostly at the opening of the vagina (entry is painful)
- ☐ painful at entry, then intercourse is tolerable
- ☐ mostly irritated afterward for an hour or so
- ☐ mostly irritated afterward for a day or so

With regard to sexual activity and foreplay:

- ☐ I am easily aroused, and have good natural vaginal lubrication
- ☐ I get aroused, but vaginal dryness is often a problem
- ☐ sexual arousal makes my vaginal symptoms worse
- ☐ arousal feels good, but intercourse is painful
- ☐ I have a hard time getting sexually aroused

With regard to sexual activity IN THE PAST: (indicate as many as apply)

- ☐ I used to enjoy sexual intercourse
- ☐ intercourse has always been somewhat uncomfortable
- ☐ I have been forced to have intercourse against my will (one or more times)
- ☐ I had unpleasant sexual experience(s) in my childhood
- ☐ I think my past experience(s) may have caused some of the problems I have now
- ☐ I think my past sexual activity would be considered pretty normal
- ☐ other (comment) \_\_\_\_\_

When/if my symptoms prevent sexual intercourse, my partner and I:

- ☐ avoid sexual intimacy altogether
- ☐ are physically close, but avoid sexual arousal
- ☐ concentrate on my partner's satisfaction
- ☐ have relations as usual

Have you used lubricants during intercourse? ☐ NO ☐ YES

If yes, please give name(s). Any problems?

Is your partner aware of your problem? ☐ NO ☐ YES

If yes, what is the reaction?

Indicate the effect each of the following has on your discomfort:

	RELIEF	NO CHANGE	WORSENS
Heat (like a warm bath)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cold (like a cool compress)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sexual activity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Friction (rubbing or scratching)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Urination	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other significant activity (describe)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Have you been to another physician for this problem? ☐ NO ☐ YES

If yes, please indicate his/her specialty:

- ☐ Family practitioner
- ☐ Internist (general medicine)
- ☐ Gynecologist (if more than one, how many? \_\_\_\_\_)
- ☐ Urologist (if more than one, how many? \_\_\_\_\_)
- ☐ Dermatologist (if more than one, how many? \_\_\_\_\_)
- ☐ other (indicate) \_\_\_\_\_

Have you been treated for any of the following conditions in relation to your present problem?

- ☐ Yeast infections
- ☐ Urinary tract infections
- ☐ Herpes
- ☐ Venereal warts (condylomata, HPV)
- ☐ Lichen sclerosus
- ☐ Interstitial cystitis
- ☐ Vaginitis
- ☐ Atrophic vaginitis
- ☐ other (indicate what kind, or put "DK" if you don't know)